FREQUENTLY ASKED QUESTIONS

1. Does your office take health insurance?

    a. No, we do not participate in any of the insurance plans. We can print a Health Insurance Claim Form at the end of a visit which the patient can self-submit to their carrier to be processed as out-of-network. Reimbursement depends on the patient's plan and coverage.

2. What are your fees?

    a. The Initial Office Visit is $800 & includes a comprehensive in-person visit with Dr. Thomsen. You can expect the first appointment to take about 2 hours in our office. Please allow yourself plenty of time for it & not be stressed by other obligations.

    b. Some lab work may be covered by your insurance carrier; however, functional medicine tests are typically considered experimental and not always covered. Therefore, patients are responsible for paying any costs associated with these lab tests and diagnostic tests.

    c. Subsequent visits with Dr. Thomsen to review results are $675 and your overall time in the office will be approximately 1.5 hours.

3. Does Dr. Thomsen treat specific conditions or diseases?

    a. Dr. Thomsen takes an integrative, functional approach to healthcare. In Functional Medicine, conditions of disease are the result of underlying causes – a body system that is out of balance. Her approach is compared to peeling the layers of an onion to get to the root cause. This process takes time and looks at all aspects of a patient's life.

4. Can I use Dr. Thomsen as my Primary Care Physician (PCP)?

    a. We recommend that patients have a Primary Care Physician other than Dr. Thomsen. While she offers primary care services, as the sole provider she is not available for urgent or acute issues. Dr. Thomsen also cannot refer for "in network" testing and many insurance companies require referrals.

5. Should I bring all my past medical records to my Initial Office Visit?

    a. No, this is not necessary. If there are any specific medical records that Dr. Thomsen would like to review, she will request them based on the topics discussed at your visit.

6. How do I become a New Patient?

    a. Click on "Patient Portal" in the top right corner of the Home page and join as a new user. Complete "Account Details" from the menu. You will then head to the purple "Questionnaires" tab and complete the New Patient Forms. There are eight forms that need to be completed online and submitted through the Portal. Don't worry, they are quick to complete! Lastly, please enter any medications/supplements you are currently taking and list a preferred pharmacy. Once all the forms are complete, you can call our office at 609-818-9700 to set up your Initial Office Visit. Any issues that require Dr. Thomen's discretion or input, please allow up to 7 business days for a response from her*